

MEDICAL MEMOS

By H. L. Herschensohn, MD.

In Parkinson's disease the only way in which muscle atrophy occurs is by neglecting exercise.

The effect on muscles in Parkinson's disease is different than in the case of polio. In polio there is muscle paralysis because the nerves supplying the muscles are affected, just as if electric wires were cut making it impossible for a motor to work.

That is not so in Parkinson's. At first there is only difficulty in using an arm. If the person decides for himself, why bother with this arm, I'll use the other one, then the arm is neglected and naturally becomes weaker and weaker. Some of the muscle tissue becomes replaced by fat, it becomes shorter and rigidly follows.



If, however, when the arm or leg which is weak is forced to be exercised and used, then this complication may be lessened.

Physical therapy is important and should be started as soon as the symptoms are apparent.

Rising Prices Don't Threaten Water Plan

SACRAMENTO (AP) — It is 13 billion dollars isn't enough to carry out the State Water Plan and Water Resources Director Harvey Banks says it may not be—the state has several alternatives ready.

Should inflation boost construction expenses, Banks told a news conference Thursday, the cost could be more than that proposed in the big bond issue on the November ballot.

Another bond issue—for 400 million dollars—might take care

of that, Banks suggested, and could be used to build Oroville Dam, designed for flood control, storage and other purposes. The additional bonds could be issued without voter approval.

In any case, Banks said, the North-South aqueduct to deliver water to Southern California should be built first. If there isn't enough money at the beginning, he said, the dam should either be delayed or built in stages.

A smaller flood control dam could be built, Banks said, and later enlarged for water conservation, or the big dam could be built without a power plant, which could be added later.

Firemen Free Boy From Tub

SYRACUSE, N. Y. (AP)—Stephen West, 9, didn't want to take a bath Thursday night. He hid behind the tub.

His mother, Hazel West, said Stephen became stuck between the tub and the wall.

It took firemen, using portable jacks, several minutes to free him.

"But all will be built, it's just a question of timing," he said.

The conference was called to discuss reports from two consultants who examined the plan for financial and engineering feasibility.

They said the state probably had underestimated the cost by not considering inflation, and suggested delay of Oroville Dam until 1973 or at least until it is certain funds are available to finish it.

Double-Breast Suit May Return in Fall

NEW YORK (AP)—Men, if you want to be in the avante garde of fashion this season, hold onto that double-breasted suit up in the attic—the green one, preferably—and rush to the nearest Salvation Army depot for a pair of high button shoes.

Everything you and your grandfather ever owned has a good chance of coming back into style again.

New Theory Set Forth On Earhart

SAN DIEGO (AP) — Another theory of what may have happened to Amelia Earhart was offered Thursday by a former U.S. Coast Guardsman.

He said she and her navigator, Fred Noonan, may have met death on Gardner Island in their attempted transpacific flight 23 years ago.

Floyd Kilts, 68, now on leave from a State Department of Veterans Affairs job, went to Gardner Island on a Coast Guard mission during World War II.

He said a native told him that in the latter part of 1933 the skeleton of a woman and the skull of a man were found on the shore of the island.

A white planter believed the skeleton might be Miss Earhart's and started to Suva, Fiji Islands, with it, Kilts said he was told. But he died of pneumonia on the way and superstitious native boatmen threw the skeleton overboard.

Kilts pointed out that isolated Gardner Island was on the route Miss Earhart was believed to have taken from New Guinea. He said he considered the story he heard much more probable than the one that she came down on Saipan Island, far off the supposed course, and was killed by Japanese.

Hot Job Traded For Cool One

MIAMI, Fla. (AP) — Two men swapped jobs for a short time Thursday and it meant a difference of 115 degrees temperature for them.

Albert Gray estimated it was 115 degrees atop a building where he was working as a roofer. Frank Chack worked inside, in a frozen foods room, temperature zero.

This became apparent Thursday when the American Institute of Men's and Boy's Wear unveiled its new fall line before an audience of top female fashion writers and a few unkempt male reporters.

The Ivy League look is still with us, and so is the Continental look, but apparently the disgruntled designers have abandoned any real hope of dragging the American male into the rocket age. The big bit of the show was something called the British accent in men's wear, a tailor's throwback to a giddier, gaudier era that might more accurately have been named the Immigrant Look.

Your real top this year, if the designers have their way, will sport a loud check suit, preferably green or gold, a bowler hat, high-rising tan gaiters, and look for all the world as if he had just disembarked from a ship that somehow was delayed 50 years at sea. All he needs to complete the ensemble is a straw suitcase and a red polka-dot handkerchief.

"This is what we call the country suit," explained the man at the microphone in a keynote speech compounded of all the superlatives left over from the recent Los Angeles convention. "Lighter, brighter, natural in expression, responsible but unaffected, a conscious return to the elegance of another era."

Green and gold definitely will be the big colors in men's fashions this year. Lapels will be narrower, cuffs tighter, shoulders padded, umbrellas longer, blacker, and wrapped tighter. One Ivy League ensemble, consisting of a green corduroy jacket and beige corduroy slacks came complete with what the announcer described as "authentic dirty tennis sneakers."

Aside from the British accent, the biggest splash into the usually placid masculine fashion pool was made by the irrepressible Mr. John with a collection featuring the tightest trousers this side of a Shakespearean festival. One male mannequin looked as if his snug black trousers had been plastered on him with a billboard brush.

"Disgusting," muttered one of the fashion editors. "I don't know what the fashion world is coming to. The whole trend this year is for women's fashions to get looser and looser while men's get tighter and tighter."

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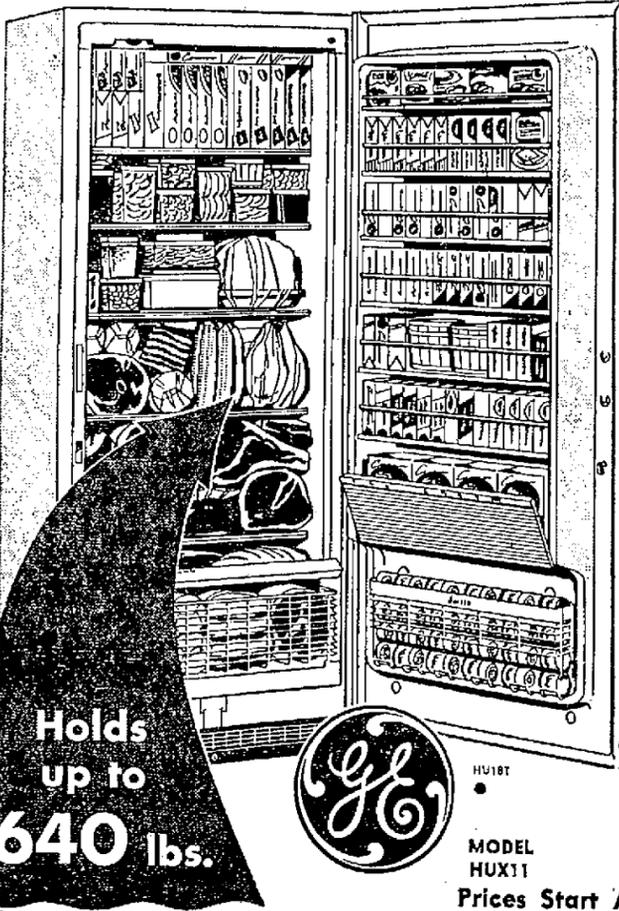
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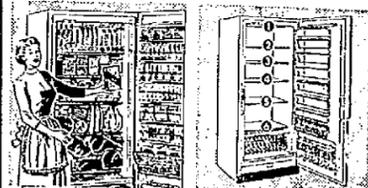
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