

-12	-11.5	-11	-10.5	-8	-7	-6	-5	Greenwich	+9	+10	+11	+12
Date Line	Itasca	Baker	Honolulu Howland	Oakland PST	Denver MST	Chicago CST	NYC EST		Darwin	Lae	Wake	Tarawa
12:00	12:30	13:00	13:30	16:00	17:00	18:00	19:00	00:00	09:00	10:00	11:00	12:00
13:00	13:30	14:00	14:30	17:00	18:00	19:00	20:00	01:00	10:00	11:00	12:00	13:00
14:00	14:30	15:00	15:30	18:00	19:00	20:00	21:00	02:00	11:00	12:00	13:00	14:00
15:00	15:30	16:00	16:30	19:00	20:00	21:00	22:00	03:00	12:00	13:00	14:00	15:00
16:00	16:30	17:00	17:30	20:00	21:00	22:00	23:00	04:00	13:00	14:00	15:00	16:00
17:00	17:30	18:00	18:30	21:00	22:00	23:00	00:00	05:00	14:00	15:00	16:00	17:00
18:00	18:30	19:00	19:30	22:00	23:00	00:00	01:00	06:00	15:00	16:00	17:00	18:00
19:00	19:30	20:00	20:30	23:00	00:00	01:00	02:00	07:00	16:00	17:00	18:00	19:00
20:00	20:30	21:00	21:30	00:00	01:00	02:00	03:00	08:00	17:00	18:00	19:00	20:00
21:00	21:30	22:00	22:30	01:00	02:00	03:00	04:00	09:00	18:00	19:00	20:00	21:00
22:00	22:30	23:00	23:30	02:00	03:00	04:00	05:00	10:00	19:00	20:00	21:00	22:00
23:00	23:30	00:00	00:30	03:00	04:00	05:00	06:00	11:00	20:00	21:00	22:00	23:00
00:00	00:30	01:00	01:30	04:00	05:00	06:00	07:00	12:00	21:00	22:00	23:00	00:00
01:00	01:30	02:00	02:30	05:00	06:00	07:00	08:00	13:00	22:00	23:00	00:00	01:00
02:00	02:30	03:00	03:30	06:00	07:00	08:00	09:00	14:00	23:00	00:00	01:00	02:00
03:00	03:30	04:00	04:30	07:00	08:00	09:00	10:00	15:00	00:00	01:00	02:00	03:00
04:00	04:30	05:00	05:30	08:00	09:00	10:00	11:00	16:00	01:00	02:00	03:00	04:00
05:00	05:30	06:00	06:30	09:00	10:00	11:00	12:00	17:00	02:00	03:00	04:00	05:00
06:00	06:30	07:00	07:30	10:00	11:00	12:00	13:00	18:00	03:00	04:00	05:00	06:00
07:00	07:30	08:00	08:30	11:00	12:00	13:00	14:00	19:00	04:00	05:00	06:00	07:00
08:00	08:30	09:00	09:30	12:00	13:00	14:00	15:00	20:00	05:00	06:00	07:00	08:00
09:00	09:30	10:00	10:30	13:00	14:00	15:00	16:00	21:00	06:00	07:00	08:00	09:00
10:00	10:30	11:00	11:30	14:00	15:00	16:00	17:00	22:00	07:00	08:00	09:00	10:00
11:00	11:30	12:00	12:30	15:00	16:00	17:00	18:00	23:00	08:00	09:00	10:00	11:00
12:00	12:30	13:00	13:30	16:00	17:00	18:00	19:00	00:00	09:00	10:00	11:00	12:00