

Clendening Lists Remedies That Have Held Popularity Through Ages

By LOGAN CLENDENING, M. D.

The popularity of drugs never will fade. Interest in them and faith in them is as deep and as unreasoning as it has always been. When a new drug is announced the trouble is to keep people from using it excessively before its actions and dangers have been determined.

Some drugs are high in popularity for a long time, and then sink into desuetude. Aconite, under whose leaves the devil hid, according to the ancient legend, until the Angel Gabriel drove him forth, was used regularly as a fever remedy in the days of our childhood, but now no more. Strychnine was the most popular drug when I was a young practitioner, given universally as a tonic, but it too, fell out of fashion. Lobelia was popular with the pioneer practitioners of the west, the standby of the electrician, an emetic to cause vomiting, but the practice of emesis has passed with the passing of the electric school. Its use has recently been revived as a cure of the tobacco habit, but as it exerts its effects by causing vomiting, it is not likely to be popular.

But the great drugs that always

are necessary go on without any real ebb or flow of their popularity.

Opium, and its derivatives—morphine and codeine—no one could practice medicine without it. It has been with us a long time. Dioscorides, the Greek physician of the second century, prescribed his disciples how to gather it. "Some cut the poppy heads with the leaves, squeeze them through a press and rubbing them in a mortar, form them into troches. This is called meconium and is weaker than the opus. But whoever desires to gather the juice must proceed thus: After the heads are moistened with dew, let them be cut round the asterisk with a knife, but not penetrate through them, and from the sides cut straight lines in the surface, and draw off the tear that flows into a shell. And come again not long after, for another tear will be found standing on it, and the day following it will be found in the same manner."

Mercury Has Long History

Another great drug with a long history is mercury. In one or another of its preparations, it probably is used for more things than

any other drug in medicine. As calomel or blue-mass it is a cathartic. It is a specific for one of the chronic infections, As bichloride, it is used as a most powerful antiseptic. As ammoniated mercury, it is used in ointments in skin infections. As blue ointment it destroys the crab louse. As mercuric oxide, it is used in ointments for eye infections—stytes, etc. As salyrgan, it is the best remedy to make the kidneys throw off a dropsy. That is a great deal for one drug.

Salicylic acid, or its salts, the salicylates, are very widely used. In acute articular rheumatism they are almost specific. In skin disease, salicylic acid ointment for athlete's foot and innumerable other things, it is indispensable. As acetic salicylic acid (aspirin to you) it is used for all kinds of joint pains, headaches, colds, infections, backache, muscular rheumatism, etc.

Other great drugs are: Digitalis as a heart remedy. Atropine is indispensable to the oculist. Iron and liver extract for anemia. The specifics: quinine for malaria, arsenic for leuc, and ipecac for amebiasis.

Sodium bicarbonate, and other alkalis (calcium carbonate, magnesium oxide and the bismuth salts) in stomach disease.

The anesthetics: ether, chloroform, cocaine, novocaine.

Iodine and ergot we mentioned earlier this week.

Adrenalin in some cases is indispensable for asthma and hives.

The medical profession has tested all these thoroughly and found them reliable. It is pretty well equipped with such an armamentarium.

AFTER TONIGHT

by Cynthia Lane

The story thus far: Bill Baxter, 40-year-old bachelor and successful artist, laughs when pretty, 19-year-old Temple Richards boldly tells him that she loves him. He reminds her that a few years ago he was pushing her around in a perambulator. Bill leaves Oakville, where he has vacationed next door to the Richards for years, and returns to Detroit. Temple persuades her parents to allow her to go to Detroit to embark on a business career. She takes a room in Myra

A Marian Martin



Make it in a jiffy. Double it in a split second, and launder it in very little time—this jaunty wrap-around housecoat that's as easy to work in as it is easy to make! Its slenderizing back panel is sure to please you, and right up-to-the-minute are its optional collar, button slashed sleeves, and cheery button accents. Best of all—the slim bodice panel and skirt are cut in one piece—a grand work-saving idea. With a few yards of gay checked gingham, printed poplin or shantung, and the accompanying Complete Diagrammed Marian Martin Sew Chart as a guide you'll be finished in a few short hours. Two buttons—an easily-adjusted belt, and you're smart and comfy in Pattern 9494 for the rest of the day, to the delight of your family!

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CHAPTER VIII.

As they approached, the old house looked even more dismal than Nina remembered it. To Temple the century-old mansion with its dilapidated wings and neglected gardens seemed to wear a dark, forboding look which warned them against entering. Laughing at the foolish whimsy, she followed Nina into the spacious entrance hall.

"The Storm family," Nina was saying, "will probably never have enough money to make this place habitable again. It's a pity, too. It has beautiful lines and is quite a landmark around these parts."

Temple felt a pang of compassion, for under Nina's light tone she sensed a real feeling for the old place. She thought of her own well-kept home, where for three generations, the Richards family had lived in well-bred comfort.

"It's lovely," she whispered.

It certainly was awe inspiring. The dark baronial hall, lined with old family portraits, the big living room filled with massive antique furniture. Dust lay thick upon everything and the chilly dampness struck through their heavy clothing to lay clammy fingers upon their shrinking flesh.

The heavy portieres which partially separated the dining hall from the main portion of the house seemed to Temple's eyes to move in a sinister fashion, but Nina, moving about with calm assurance and snapping on lights, was only matter-of-factly distressed over the lack of hot water.

As Temple's glance took in the unmistakable evidence of former grandeur, she fancied she could almost picture a distinguished guests assembled about the elaborately carved table—the pompous gentlemen in powdered wigs, the beautiful women. She wondered what the original master of the house had been like and tried to visualize the first bride for whom all of this solemn splendor was created, but gave it up as hopeless.

"Is there any food?" she asked as they passed through the butler's pantry into the huge kitchen.

"Yes, plenty," Nina answered, "I spent practically an afternoon phoning for supplies. I hope they didn't forget to send soap. Let's build a fire and then put things away."

"Purrrance!" Temple asked hopefully.

Nina shook her head vigorously. "Don't flatter the Storm economic condition; just good old fashioned stoves and draughty fireplaces. Electric lights are our one concession to the march of time. But we'd better get a few fires started, it takes ages to take the chill out of the rooms. Mine was right when she said this place is a barn. Only they hatch hares, she added as a grim afterthought.

For the next hour the girls struggled with wood from the plentiful supply in the cellar. At last the house wore a cheerful semblance of warmth. In several of the bedrooms and all through the first floor fires crackled merrily. Temple knelt childishly to watch the hungry flames devour the fragrant pine cones she tossed in. . . . she laughed delightedly at the beautifully colored showers of sparks as they burned with a cheerful popping sound.

Presently as twilight deepened into night, the logs flared a fitful moment or two, then settled into peaceful embers for their long long vigil.

The girls ate their meager supper on the oiled surface of the kitchen table while the great stove glowed a red radiated welcome warmth. Later with buckets of water heated in the great reservoir, and mountains of soft cloths and soap, they attacked the most obnoxious dirt. By midnight they had the house, or such portions of it as they could not be shut off, clean and comfortable.

They washed by the flickering light of the dying fire in the now warm dining hall, and then ran upstairs to climb into the great four-poster bed with its oppressive weight of abject covers.

"Did you hear a noise?" Temple sat up in bed listening intently.

"No, you big baby! You've been going around all evening expecting a ghostly hand to be laid on your shoulder. What kind of ancestors do you think I have to be prowling about haunting people? They wouldn't hurt you anyway."

"Well, how should I know what kind of ancestors you had, or risk telling you if I did suspect?" The facetious moment was brief. "There

are questions from readers

W. B. M.: "Would the daily use of mercuric oxide yellow in upper passages of the nose subject the user, in time, to metallic poisoning? Is this ointment of value in the treatment of inflamed nasal passages?"

Answer: I do not know of any specific instance in which the use of the yellow oxide of mercury has resulted in poisoning, but it is a wise rule not to use any mercuric drug indefinitely. Many cases of silver poisoning have resulted from the use of argyrol and other silver salts in the nose over a long period of time. The patient is advised by a physician usually to use these drugs, and then continues long after the doctor has ordered their discontinuance.

EDITOR'S NOTE: Seven pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin, for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Three Weeks Reducing Diet," "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene," and "The Care of the Hair and Skin."



Red and gold silk brocade gown with pencil-slim silhouette.

The Pencil-Slim
Silhouette
and Up-in-Front
Hem Are
Now Featured

Luxurious Brocades Are in the Limelight this Fall

BROCADES are much in the limelight this season. It is because all fashion roads lead to luxury.

Brocades are colorful and suggest richness and luxury. So when dining formally at a restaurant, wear this red and gold silk brocade dress with the pencil-slim silhouette and high waistline. It has an up-in-front hemline that is important this season.

The allover fringed dress is another luxury model and is as slim and alluring as can be. Then there is the gleaming sequin-studded gown which many courtiers are showing in various styles. Schiaparelli calls her version "sex appeal."

And the velvets—which are always tops in the winter season. And don't forget the soft woolsens that are used both for formal dresses and coats.

There are also many new fabrics and damasks in metal-embroidered bemberg yarns. And for resort wear many evening prints on silk satin will be worn. White and eggshell grounds are also being shown, however, such as pale pink, delicate green, blue and lavender. Patterns shown are multi-color screen prints of flowers in fairly large sizes.

One of the most effective dresses seen this season is a white marquisette with a gold sequin bodice with narrow sequin shoulder straps. The skirt, of course, or as you might guess, is voluminous.

Silk jersey is another favorite for formal gowns. A draped model by Muriel King in that fabric being shown in dark hunter green which has a wide skirt divided at one side of the front to show a mauve-pink satin sheath.

There are many novel treatments

in various materials, also. One, a dress by Marcel Rochas, was of velvet with wide satin striped ribbon forming a draped halter decollete and also used to make back fullness in the sheath skirt. This skirt was cut high with a curved line where it met the satin bodice.

Striped material is interestingly treated in another formal dress by the same designer. Wrap-around lines were used, molded flilly over bodice and hips, with a wide ribbon sash tied at the side with long streamers.

Formal fashions they are wearing at present in New York sponsor very low necklines, sometimes with invisible shoulder straps, and usually with very narrow ones. Slim bodiced, wide skirted frocks are most popular, although the slim outline with all skirt is also important.

Caroline Chatfield Says—

Only in Rare Instances Can Man's Wife and Mother Live Together in Peace and Harmony, Sharing Him and the Home. Best Investment any Married Pair Can Make is in a Separate Roof.

DEAR MISS CHATFIELD:

Our problem isn't financial and so I feel that there should be some satisfactory solution of it if only I could hit upon it. When my fiancée's father died he asked his son to take good care of his mother as long as she lived and my fiancée feels that she has to live with her to take care of her. He wants us to be married and move in while I am holding out for a home of our own. The mother and I are good friends and she is so gracious about having me come into her home, but when deep I know she feels just as I do: that all would be better off if we lived separately. She has dropped several things that make me know she is afraid of the experiment. What about my having a heart-to-heart talk with her, telling her how I feel and giving her the opportunity to tell me if she agrees?

MARGARET T.

ANSWER:

I think the heart-to-heart talk would be a sensible procedure and, whatever conclusion the two of you arrive at, the mere fact that you have talked the situation over in frank and friendly fashion will cement the bond between you. Your fiancée's sentiment about leaving his mother does his heart credit—but when anybody permits sentiment to take precedence over common sense there's sorrow in the offing. Common sense decrees that two women shouldn't try to share one home and one man, unless financial conditions make it absolutely necessary.

Yes, there are some self-contained, self-controlled women who can live together as mother and daughter-in-law, share the

According to Culbertson

Mr. Culbertson is conducting, through this column, a national examination of bridge players. Rate yourself by subtracting from 100 the points for each wrong answer.

(Copyright, 1937, by Ely Culbertson.)

Questions 14 and 15 of the National Self-Rating Bridge Examination appeared yesterday. They were:

Question 14: Both sides vulnerable. You are South. Your partner dealt and bid one spade. Second hand passed. Your holding is:

♠ 6 ♥ Q 5 4 ♦ A 10 7 5 3 ♣ J 8 4 2

What call do you make, and why?

Answer: You should bid one no trump. Your hand is decidedly too good to pass but not good enough to justify the response of two diamonds. The singleton spade is, admittedly, a bad feature of the no trump response, but you would be misleading partner and increasing the contract by any other call. As between two evils, choose the lesser. [One point deduct for any call other than one no trump.]

Question 15: Both sides vulnerable. Your partner dealt and bid one spade. Next hand overcalled with one no trump. Your holding is:

♠ 7 ♥ A 10 6 ♦ Q J 10 8 5 ♣ Q 9 7 4

What call do you make?

Answer: You should double, a penalty double, of course. You have no reason to feel that your side can make a game in any suit, but yourself probably will be able to take at least five tricks against an adverse no trump, especially in view of the fact that you are on lead and can open the diamond queen. To make any call other than a double is to jeopardize a beautiful opportunity. [Two points deduct for any call other than a double.]

TODAY'S QUESTIONS.

Question 16: Opponents are vulnerable. You are not. Your partner dealt and bid one club. Next hand passed. Your holding is:

♠ 5 ♥ K Q J 9 7 5 3 2 ♦ 6 2 ♣ 5 3

What call do you make?

Question 17: Both sides are vulnerable and you have a part score of 40 points. Your partner deals and bids one heart. Next hand passes. Your holding is:

♠ K J 10 ♥ J 8 6 ♦ A J 8 ♣ Q J 8 4

What call do you make?

TODAY'S HAND.

Match-point duplicate. South, dealer. Neither side vulnerable.

NORTH

♠ A ♣ 10 7 4

♥ Q ♣ A 8 3 2

♦ 9 8

WEST

♠ K 6 5 2

♥ 5 ♣ K 10 8 7 6

♦ 4 ♣ J 10

♠ K 10 5 3

♥ A 7

SOUTH

♠ A ♣ 8 3

♥ 9 ♣ J 6 3

♦ 7 5 4

♠ Q J 6 4

Mr. Culbertson will discuss this hand in tomorrow's article.

Write your bridge troubles and problems to Ely Culbertson, care of this paper, including a self-addressed, stamped envelope.

Tomorrow's Hand

Match-point duplicate. North, dealer. North-South vulnerable.

NORTH

♠ A Q 10 7 4

♥ Q ♣ A 8 3 2

♦ 9 8

WEST

♠ K 6 5 2

♥ 5 ♣ K 10 8 7 6

♦ 4 ♣ J 10

♠ K 10 5 3

♥ A 7

SOUTH

♠ A ♣ 8 3

♥ 9 ♣ J 6 3

♦ 7 5 4

♠ Q J 6 4

Mr. Culbertson will discuss this hand in tomorrow's article.

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Uncle Ray's Corner

DEEP SEA DIVERS

If it were not for the water pressure and the diver might keep going down and down into the sea, with the help of metal weights, he could sink for hundreds and hundreds of feet.

The diver's helmet is made with great care. An air valve leads into it from an air pipe which attaches to the ship above. Compressed air is sent down the air pipe. This gives the man air to breathe, and it also makes the pressure inside the helmet equal to the pressure of deep water. The deeper the man goes the greater the air pressure must be.

Modern diving helmets are fitted with telephones. The diver can talk with people above.

Some modern diving suits are known as "iron men" or "one-man submarines." These suits give better protection to the men who use them. They do not, however, allow the divers to turn or bend so easily.

(For General Interest section of your scrapbook.)

If you want a free copy of the illustrated leaflet "Marvels of the Sky" send me a 3¢ stamped, return envelope in care of this newspaper.

Uncle Ray
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TRY THIS 2 DROP TREATMENT

PENETRO NOSE DROPS

CONTAIN EPHEDRINE

RELIEF FOR WATERY HEAD COLDS

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