

# Clendening Lists Remedies That Have Held Popularity Through Ages

By LOGAN CLENDENING, M. D.

The popularity of drugs never wanes. Interest in them and faith in them is as deep and as unreasoning as it has always been. When a new drug is announced the trouble is to keep people from using it excessively before its actions and dangers have been determined. Some drugs are high in popularity for a long time, and then sink into desuetude. Aconite, under whose leaves the devil hid, according to ancient legend, until the Angel Gabriel drove him forth, was used regularly as a fever remedy in the days of our childhood, but now no more. Strychnine was the most popular drug when I was a young practitioner, given universally as a tonic, but it too, fell out of fashion. Lobelia was popular with the pioneer practitioners of the west, the standby of the electrician, an emetic to cause vomiting, but the practice of emesis has passed with the passing of the electric school. Its use has recently been revived as a cure of the tobacco habit, but as it exerts its effects by causing vomiting, it is not likely to be popular. But the great drugs that always

are necessary go on without any real ebb or flow of their popularity. Opium, and its derivatives—morphine and codeine—no one could practice medicine without it. It has been with us a long time: Dioscorides, the Greek physician of the second century, instructed his disciples how to gather it. "Some cut the poppy heads with the leaves, squeeze them through a press and rubbing them in a mortar, form them into troches. This is called meconium and is weaker than the opus. But whoever desires that after the juice must proceed thus: After the heads are moistened with dew, let them be cut round the asterisk with a knife, but not penetrate through them, and from the sides cut straight lines in the surface, and draw off the tear that flows into a shell. And come again not long after, for another tear will be found standing on it, and the day following it will be found in the same manner."

## Mercury Has Long History

Another great drug with a long history is mercury. In one or another of its preparations, it probably is used for more things than

any other drug in medicine. As calomel or blue-mass it is a cathartic. It is a specific for one of the chronic infections, As bichloride, it is used as a most powerful antiseptic. As ammoniated mercury, it is used in ointments in skin infections. As blue ointment it destroys the crab louse. As mercuric oxide, it is used in ointments for eye infections—sty, etc. As salyrgan, it is the best remedy to make the kidneys throw off a dropsy. That is a great deal for one drug. Salicylic acid, or its salts, the salicylates, are very widely used. In acute arthritic rheumatism they are almost specific. In skin disease, salicylic acid contained for athlete's foot and innumerable other things, it is indispensable. As acetic salicylic acid (aspirin to you) it is used for all kinds of joint pains, headaches, colds, infections, backache, muscular rheumatism, etc. Other great drugs are: Digitalis as a heart remedy. Atropine is indispensable to the oculist. Iron and liver extract for anemia. The specific: quinine for malaria, arsenic for leuc, and ipecac for amebia. Secum bicarbonate, and other alkalis (calcium carbonate, magnesium oxide and the bismuth salts) in stomach disease. The anesthetics: ether, chloroform, cocaine, novocaine. Iodine and ergot we mentioned earlier this week. Adrenalin in some cases is indispensable for asthma and hives. The medical profession has tested all these thoroughly and found them reliable. It is pretty well equipped with such an armamentarium.

QUESTIONS FROM READERS  
W. B. M.: "Would the daily use of mercuric oxide yellow in upper passages of the nose subject the user, in time, to metallic poisoning? Is this ointment of value in the treatment of inflamed nasal passages?"

Answer: I do not know of any specific instance in which the use of the yellow oxide of mercury has resulted in poisoning, but it is a wise rule not to use any mercuric drug indefinitely. Many cases of silver poisoning have resulted from the use of argyrol and other silver salts in the nose over a long period of time. The patient is advised by a physician usually to use these drugs, and then continues long after the doctor has ordered their discontinuance.

EDITOR'S NOTE: Seven pamphlets by Dr. Clendening can now be obtained by sending 10 cents in coin, for each, and a self-addressed envelope stamped with a three-cent stamp, to Dr. Logan Clendening, in care of this paper. The pamphlets are: "Three Weeks' Reducing Diet," "Indigestion and Constipation," "Reducing and Gaining," "Infant Feeding," "Instructions for the Treatment of Diabetes," "Feminine Hygiene," and "The Care of the Hair and Skin."

about the small figure. "Just a loose strapper, darling."  
"I'm sorry to be such a baby, Nina, but it's such a noisy old place."  
"It's a romantic old place," Nina replied, touching Temple's head with a soothing gesture. "Think of all the interesting people who have lived here. Oh, Temple, I just remembered Great-Aunt Sallie. She knew how to handle burglars."  
Temple's voice contained more than a little of quaver. "You mean that once . . . once there actually were burglars here?"  
"Oh, it's been years and years ago. Father was just a little boy at the time, but he's told me about it. It's sort of a family legend."  
"What happened?" Temple shivered slightly.  
"One night the entire family had gone to bed. It seems that Aunt Sallie had just gone into the nursery to see about father, who was just four at the time, when she heard a curious noise coming from the first floor."  
"Oh, Nina," wailed Temple, "was she in this room?"  
"I don't think so," laughed Nina. "More likely in the old nursery down the hall. Anyway, Aunt Sallie put on her clothes and started down, white fabric crept along behind, clinging to her skirts. (Women wear skirts one could cling to in those days.) She walked boldly down the stairs and into the den where she found a dirty, shabby man coolly looting the hidden wall safe."  
"I must have been well hidden," giggled Temple.  
"Don't be irrelevant," said Nina. "However that may be, she walked up to him and calmly took the jewel box out of his hand and said, 'Aren't you ashamed of yourself? What would your mother think of you? Why don't you go to work instead of sneaking into honest people's houses in the middle of the night frightening them to death?'"  
"You don't look frightened," the burglar said. Then suddenly he melted, and before he had time to change, Aunt Sallie had dropped his story from him. It was nothing unusual, no job, no money, no food. So what did she do but go out and prepare a perfectly huge meal for him; gave him a few dollars and sent him on his way."  
"Bravo!" said Temple. "But I'd never dare."  
"Oh I guess burglars are like dogs. If you look them in the eye they're not dangerous. After all," she went on more seriously, "you know, Temple, burglars are not a distinct species of animal, like vampires or werewolves. They are just men, who for one reason or another choose to live dishonestly."  
"Well I suppose they could be reasoned with," began Temple. "If a burglar came in I could find his soft spot and . . ."  
"Did anyone ever look for a soft spot in your head, darling?" asked Nina sarcastically. "I suppose you'd have him in tears, bewailing his mispent youth, in practically no time at all."  
"Well!" Temple sat up determinedly. "I just wish one would come along. I bet I could reform him."  
The sudden banging of a shutter sent Temple under the covers once more, and Nina teased her laughingly. "You look like reasoning with a burglar. The wind banging an old shutter frightens you into hysterics."  
From the lower hall came the guttural clang of the ancient clock.  
"Hear that, Temple? It's two o'clock; let's get some sleep. Good-night."  
"O. K. Goodnight, Nina."  
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(Continued tomorrow.)

Clarksville, Ark.—(U.P.)—The College of the Ozarks here attracted a student 4,000 miles away. Aaron Raphael Cook of Klawock, Alaska, came all the way to Arkansas to attend this year's term at the college, according to officials.

Red and gold silk brocade gown with pencil-slim silhouette.

Luxurious Brocades Are in the Limelight this Fall

BROCADES are much in the limelight this season. It is because all fashion roads lead to luxury. Brocades are colorful and suggest richness and luxury. So when dining formally at a restaurant, wear this red and gold silk brocade dress with the pencil-slim silhouette and high waistline. It has an up-in-front hemline that is important this season. The allover fringed dress is another luxury model and is as slim and alluring as can be. Then there is the gleaming sequin-studded gown which many courtiers are showing in various styles. Schiaparelli calls her version "sex appeal."

And the velvets—which are always tops in the winter season. And don't forget the soft woolsens that are used both for formal dresses and coats. There are also many new fabrics and damasks in metal-embroidered bemberg yarns. And for resort wear many evening prints on silk satin will be worn. White and eggshell grounds are also being shown, however, such as pale pink, delicate green, blue and lavender. Patterns shown are multi-colored screen prints of flowers in fairly large sizes. One of the most effective dresses seen this season is a white marquisette with a gold sequin basque bodice with narrow sequin shoulder straps. The skirt, of course, or as you might guess, is voluminous. Silk jersey is another favorite for formal gowns. A draped model by Muriel King in that fabric being shown in dark hunter green which has a wide skirt divided at one side of the front to show a mauve-pink satin sheath. There are many novel treatments

in various materials, also. One, a dress by Marcel Rochas, was of velvet with wide satin striped ribbon forming a draped halter decollete and also used to make back fullness in the sheath skirt. This skirt was cut high with a curved line where it met the satin bodice. Striped material is interestingly treated in another form: dress by the same designer. Wrap-around lines were used, molded flutty over bodice and hips, with a wide ribbon sash tied at the side with long streamers. Formal fashions they are wearing at present in New York sponsor very low necklines, sometimes with invisible shoulder straps, and usually with very narrow ones. Slim bodied, wide skirted frocks are most popular, although the slim outline with slit skirt is also important.



The Pencil-Slim Silhouette and Up-in-Front Hem Are Now Featured

Only in Rare Instances Can Man's Wife and Mother Live Together in Peace and Harmony, Sharing Him and the Home. Best Investment any Married Pair Can Make is in a Separate Roof.

DEAR MISS CHATFIELD: Our problem isn't financial and so I feel that there should be some satisfactory solution of it if only I could hit upon it. When my fiancée's father died he asked his son to take good care of his mother as long as she lived and my fiancée feels that she has to live with her to take care of her. He wants us to be married and move in while I am holding out for a home of our own. The mother and I are good friends and she is gracious about having me come into her home, but down deep I know she feels just as I do: that all would be better off if we lived separately. She has dropped several things that make me know she is afraid of the experiment. What about my having a heart-to-heart talk with her, telling her how I feel and giving her the opportunity to tell me if she agrees?

ANSWER: I think the heart-to-heart talk would be a sensible procedure and, whatever conclusion the two of you arrive at, the mere fact that you have talked the situation over in frank and friendly fashion will cement the bond between you. Your fiancée's sentiment about leaving his mother does his heart credit—but when anybody permits sentiment to take precedence over common sense there's sorrow in the offing. Common sense decrees that two women shouldn't try to share one home and one man, unless financial conditions make it absolutely necessary.

It is probably true that every such threesome starts out with the expectation of having a smooth and satisfactory relationship. But nine

times out of ten the experiment doesn't pan out because the women are possessive and jealous and the man is on pins and needles lest he offend one or the other. Mother who has been housekeeper and general director of the home finds it impossible to relinquish her grasp on son and house. The bride who has had the fiancée to herself during engagement days resents the division of his time, interest and show of affection. You see, a young pair have their hands pretty full in getting adjusted to each other during the first years of marriage. Even when they are left to themselves there are misunderstandings to be cleared up, hurt feelings to be healed, jars and jolts to be smoothed, rough edges of dispositions to be filed down. Now throw in a real problem as to which of the women shall take the keys, give the orders and what privileges the assistant should have without trespassing upon the rights of the housekeeper; or throw in the problem of dual control of the man by his wife and mother and what have you?

Generally you have a couple of unhappy, fearful women with a dissatisfied, harried man between them, not conducive to marital felicity! The first time a misunderstanding arises between mother and son's wife and son tells wife to pay no attention to mother, remembering that she is old and set in her ways, wife blows up a storm of anger. The first time husband and wife have a disagreement and mother shows her natural sympathy with son's side of the question, the wife feels that she is being shoved out of her warm place and so on ad infinitum.

# According to Culbertson

Mr. Culbertson is conducting, through this column, a national examination of bridge players. Rate yourself by subtracting from 100 the points for each wrong answer.

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Questions 14 and 15 of the National Self-Rating Bridge Examination appeared yesterday. They were:

Question 14: Both sides vulnerable. You are South. Your partner dealt and bid one spade. Second hand passed. Your holding is:

♠ 6 ♥ Q 5 4 ♦ A 10 7 5 3 ♣ J 8 4 2

What call do you make, and why? Answer: You should bid one no trump. Your hand is decidedly too good to pass but not good enough to justify the response of two diamonds. The singleton spade is, admittedly, a bad feature of the no trump response, but you would be misleading partner and increasing the contract by any other call. As between two evils, choose the lesser. [One point deduct for any call other than one no trump.]

Question 15: Both sides vulnerable. Your partner dealt and bid one spade. Next hand overcalled with one no trump. Your holding is:

♠ 7 ♥ A 10 6 ♦ Q J 10 8 5 ♣ Q 9 7 4

What call do you make? Answer: You should double, a penalty double, of course. You have no reason to feel that your side can make a game in any suit, but yourself probably will be able to take at least five tricks against an adverse no trump, especially in view of the fact that you are on lead and can open the diamond queen. To make any call other than a double is to jeopardize a beautiful opportunity. [Two points deduct for any call other than a double.]

## TODAY'S QUESTIONS.

Question 16: Opponents are vulnerable. You are not. Your partner dealt and bid one club. Next hand passed. Your holding is:

♠ 5 ♥ K Q 9 7 5 3 2 ♦ 6 2 ♣ 5 3

What call do you make?

Question 17: Both sides are vulnerable and you have a part score of 40 points. Your partner deals and bids one heart. Next hand passes. Your holding is:

♠ K J 10 ♥ J 8 6 ♦ A J 8 ♣ J 8 4

What call do you make?

## TODAY'S HAND.

Match-point duplicate.

South, dealer. Neither side vulnerable.

WEST  
♠ J  
♥ A 10 7 2  
♦ A 6 3  
♣ Q J 8 4

EAST  
♠ A K 7 5 3  
♥ 8 6 3  
♦ 9 8 7 6  
♣ None

SOUTH  
♠ Q 10 5  
♥ A 10 5  
♦ K 10 4  
♣ K 10 7

Mr. Culbertson will discuss this hand in tomorrow's article.

Write your bridge troubles and problems to Ely Culbertson, care of this paper, including a self-addressed, stamped envelope.

roof and the man without having any friction, but they are as rare as hen's teeth. The vast majority of those who try it are frank to say it's no go.

CAROLINE CHATFIELD.

Deeper dives than 300 feet have been made, but they are not common.

A diver dresses warmly when he is getting ready to go into water which is deep and cold. Often he wears two sweaters, and two or three pairs of socks, besides other pieces of warm woollen clothing.

A heavy copper helmet, with windows in it, is part of the common diving suit. There is also a pair of heavy boots with lead soles which weigh about sixteen pounds apiece. As the diver goes down a ladder, "linkers" are slung over his shoulders so that one hangs over his chest while the other is across his back. A standard weight for each linker is 40 pounds.

The diver's helmet is made with great care. An air valve leads into it from an air pipe which attaches to the ship above. Compressed air is sent down the air pipe. This gives the man air to breathe, and it also makes the pressure inside the diving suit equal to the pressure of deep water. The deeper the man goes the greater the air pressure must be.

Modern diving helmets are fitted with telephones. The diver can talk with people above.

Some modern diving suits are known as "iron men" or "one-man submarines." These suits give better protection to the men who use them. They do not, however, allow the divers to turn or bend so easily.

(For General Interest section of your scrapbook.)

If you want a free copy of the illustrated leaflet "Marvels of the Sky" send me a 3¢ stamped return envelope in care of this newspaper.

Uncle Ray

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# AFTER TONIGHT

by Cynthia Lane

The story thus far: Bill Baxter, 40-year-old bachelor and successful artist, laughs when pretty, 19-year-old Temple Richards boldly tells him that she loves him. He reminds her that a few years ago he was pushing her around in a perambulator. Bill leaves Oakville, where he has vacationed next door to the Richards for years, and returns to Detroit. Temple persuades her parents to allow her to go to Detroit to embark on a business career. She takes a room in Myra

## A Marian Martin



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